



2022-2025 Community Health Needs Assessment & Implementation Strategy



To provide feedback about this Community Health Needs Assessment, visit www.mclaren.org/macomb

McLaren Macomb CHNA Implementation Plan – 2022-2025

Based on an assessment of health data available for Macomb County, the top health issues for the overall population include heart disease, cancer, stroke, unintentional injuries/trauma and access to care. With these priorities in mind, the implementation plan for McLaren Macomb focuses on:

High Blood Pressure / Heart Disease

- Education on risk factors and prevention practices to community
- Community presentations
- Blood pressure screenings
- Education at community health fairs
- Health assessments
- Presentations on cardiac concerns and capabilities to local first responders
- First aid support at community events

Diabetes

- Diabetes support group
- Community presentations
- Education on risk factors and prevention practices to community
- Medical nutrition therapy offered to patients diagnosed with diabetes
- Free seminars for diabetic and at-risk patients through cardiac rehabilitation clinic

Cancer

- Education on risk factors and prevention practices to community
- Free community screenings and health assessments
- Free mammograms for indigent patients
- CT lung screening program
- Smoking cessation classes
- Road to Recovery transportation for cancer patients
- Support Groups

Trauma

- Educational programs on:
 - Fall prevention
 - Gun safety
 - Alcohol and marijuana impairment simulation
 - Car-fit for elderly drivers
 - Bike safety
 - Water safety
 - Trampoline safety
 - Injury prevention
 - Distracted driving

- Bike Helmet fit screenings and donations
- Stop the Bleed education for bystanders
- Presentation on hospital trauma capabilities for local first responders

Obesity

- Medical Nutrition Therapy with a registered dietitian
- Surgical and non-surgical weight loss seminars and programs
- Education on healthy eating practices
- Community presentations

Neurological Conditions

- Free community seminars on stroke symptoms, treatment and preventive measures
- Education on stroke risk factors and symptoms
- Community presentations
- Presentations to local first responders

Access to Health Care

- Mobile Outreach Clinic, providing free medical services to uninsured or under-insured residents.
- Outreach and education on the importance of a primary care provider
- Behavioral Health services, including collaboration with county and state leaders to assist with placement and treatment of behavioral health patient population

References and Resources

Macomb County Health Indicators

	Macomb County	Michigan
Deaths due to COVID-19 in 2020	1,407	11,391
Life expectancy	77.4	77.5
Age adjusted death rate	385	385
Child mortality rate	47	54
Infant mortality rate	5	6
Frequent physical distress	13%	13%
Frequent mental distress	17%	17%
% adults with diabetes	10%	10%
HIV prevalence rate	167	196
Food insecurity rate	12	13
Limited access to healthy food	6%	6%
Primary care physicians	1253:1	803:1
Drug overdose mortality rate	35	26
Self-reported poor mental health	15.3%	15%

Source: www.countyhealthrankings.org

Chronic Disease Indicators

	Time Period	Current Value	Baseline % change
Cardiovascular Disease	2018-2020	9.8%	-9% ↓
High Blood Pressure	2017-2020	35.3	1% ↑
Stroke	2018-2020	3.6%	-23% ↓
Heart Attack	2018-2020	4%	-25% ↓
Diabetes	2018-2020	12.6%	48% ↑
Cancer	2018-2020	12.5%	1% ↓

Source: Macomb County Community Health Status Assessment, 2022

Number of Deaths for the Ten Leading Causes of Death, Macomb County, 2021

Cause of Death	Macomb County	% Total Deaths
Heart Disease	2,2321	22%
Cancer	1,867	17%
COVID-19	1,451	14%
Unintentional Injuries	584	5%
Stroke	58	5%
Chronic Lower Respiratory Diseases	436	4%
Alzheimer's Disease	325	3%
Diabetes Mellitus	355	3%
Kidney Disease	184	2%
Chronic Liver Disease and Cirrhosis	149	1%
All Other Causes	2,484	23%

Source: www.mdch.state.mi.us

Invasive Cancer Incidence Trends, Macomb County, 2005-2019

Primary Site	Average Number in Macomb County
Prostate Gland	663
Lung and Bronchus	737
Breast	623
Colon and Rectum	469
All Other Sites	2,268
Total	4,759

Source: www.mdch.state.mi.us

Community Resources

The following resources are available to address the health needs of the community:

- Area Agency on Aging
- Catholic Charities of Southeast Michigan
- The Council on Aging
- Faith-based Community
- Farmers Markets
- IMPACT/The Center for Human Resources
- Barbara Ann Karmanos Cancer Institute
- Local Area Schools
- McLaren Health Care & Subsidiaries
- McLaren Health Management
- MSU Extension
- Parks & Recreation Departments
- Primary Care and Specialist Physicians
- Macomb County Community Mental Health
- Macomb County Human Development Commission
- Macomb County Community College
- Macomb County Community Mental Health
- Macomb County Department of Health & Human Services
- Macomb County Department of Veterans Affairs
- Macomb County Health Department
- United Way

References

- ¹ Macomb County Community Health Status Assessment, 2022. cha.macombgov.org
- ² Macomb County Health Department Statistics. mdch.stat.mi.us
- ³ Centers for Disease Control and Prevention. Fatal Injury Data. www.cdc.gov
- ⁴ Michigan Department of Health and Human Services Injury & Violence in Michigan. www.michigan.gov
- ⁵ Healthy People 2030. www.healthypeople.gov
- ⁶ County Health Rankings & Roadmaps, 2022. www.countyhealthrankings.org/

Adoption

The Implementation Strategy was adopted by the McLaren Macomb Board of Trustees on January 24, 2023.

McLaren Macomb Board of Trustees Approval:



Tom Brisse, President & CEO

1-24-23

Date